

Let's Get Active

Week 11

Letter Formation

We have now looked at all of our letter families. This week you can look at all of the videos, focussing on letters that you may find challenging. You will need a pencil and paper. Doing this daily will really help you with your letter formation!

The videos can be found at:

https://www.elystjohns.cambs.sch.uk/website/letter_formation_videos/482131

Or on the school website, click on 'Year Groups', 'Foundation Stage' and then click on 'Letter Formation Videos'.

Do a fine motor or gross motor skills activity every day!

Choose from the ideas below or repeat a favourite from previous weeks.

Remember that you can do each of them more than once.

Write some animal names on pieces of paper and shuffle them up. Choose a piece of paper and make the animal with playdough. Can your partner guess which animal you are making? Take it in turns to make the animal and guess. (I am good at making snakes and crocodiles!)	Do you have a skipping rope? How many skips can you do? Can you skip backwards? You could make a wiggly line with the rope and see if you could balance whilst walking along it.	Blow bubbles using bubble mixture. Or you can make a bubble mixture with liquid soap/washing up liquid and water in a cup and use a straw and just blow!
---	--	---

<p>Make a model from lego or bricks. Can a toy or car fit inside?</p>	<p>Action song: Five little monkeys jumping on the bed. How high can you jump? Please don't bump your head!</p>	<p>In the bath or sink, can you use jugs, bowls, saucepans, spoons and ladels to pour and mix. What potions can you make?</p>
---	---	---