

Let's Get Active

Week 14

Letter Formation

We have now looked at all of our letter families. This week you can look at all of the videos, focussing on letters that you may find challenging. You will need a pencil and paper. Doing this daily will really help you with your letter formation!

The videos can be found at:

https://www.elystjohns.cambs.sch.uk/website/letter_formation_videos/482131

Or on the school website, click on 'Year Groups', 'Foundation Stage' and then click on 'Letter Formation Videos'.

Do a fine motor or gross motor skills activity every day!

Choose from the ideas below or repeat a favourite from previous weeks. Remember that you can do each of them more than once.

Keepie uppie balloon football.	Play dots and boxes. https://www.wikihow.com/Play-Dots-and-Boxes	Dress a teddy or toy. You can use your own clothes if they haven't got any of their own!
Can you make a tower with bricks? How high can it go? If you don't have bricks you could use cans or cereal boxes.	Play 'flap the kipper' game. https://www.youtube.com/watch?v=6pp-8kZvmOA	Sport's day races at home. Running races Hopping races Egg and spoon- could use a potato or a boiled egg Obstacle race- jump over cushion, crawl under a rug.