



Create an iced treat!

Have you ever visited an ice-cream van for a sweet treat? What did you choose? Miss Lloyd's favourite is a 99 cone with a flake and Mr Meek likes mint chocolate chip ice cream.

Your challenge today is to create a new ice lolly treat. You will need some empty pots, such as a clean yogurt pot or a small Tupperware pot, and something to use as a stick – if you don't have any lolly sticks you could use a strong straw or a small spoon made of plastic or metal. Ice lolly moulds will make the job even easier or you could use an ice cube tray to make mini treats!

- First, mix small amounts of your favourite fruit juice or squash in a jug. Taste the mixture and stop adding juice when you are happy with the flavour.
- Next, carefully pour the mixture into your pots or moulds. You could also add small pieces of fresh fruit.
- Then, add the a stick into each lolly.
- Finally, ask an adult to help you put the lollies into a freezer and wait for the liquid to freeze. When they are solid, they are ready to eat.

You might want to eat your ice lolly after joining in with our sports day activities. You will need to cool down after the exercise!

Extra challenge: Draw a picture of your ice lolly, give it a name and write a list of the ingredients. Share it with school so we can try out your recipes.

If you would like to follow a recipe or want some ideas before creating you own, look at this link with an adult:

<https://www.bbcgoodfood.com/recipes/collection/kids-ice-lolly>