

# LUNCHTIME CQ

## Week 1

Commencing • 29th Oct • 19th Nov

• 10th Dec • 7th Jan • 28th Jan • 25th Feb • 18th March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly  
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary  
wholemeal bread

Garlic & herbed  
ciabatta

*Menu choice  
1*

Vegetable burger  
with wedges

Chicken pie with  
new potatoes

Beef lasagne

Roast pork with  
roast potatoes  
and yorkshire  
pudding

Fish fingers & chips  
with tomato ketchup

*Menu choice  
2*

Homemade cheese  
& potato pasty

Penne pasta with  
tomato and basil  
sauce

Vegetable stew  
served with rice

Vegetarian  
sausages with roast  
potatoes  
and yorkshire  
pudding

Aubergine and  
pepper bake



*Sides*

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

*Desserts*

Chocolate brownie  
  
Sliced fresh fruit

Jelly  
  
Sliced fresh fruit

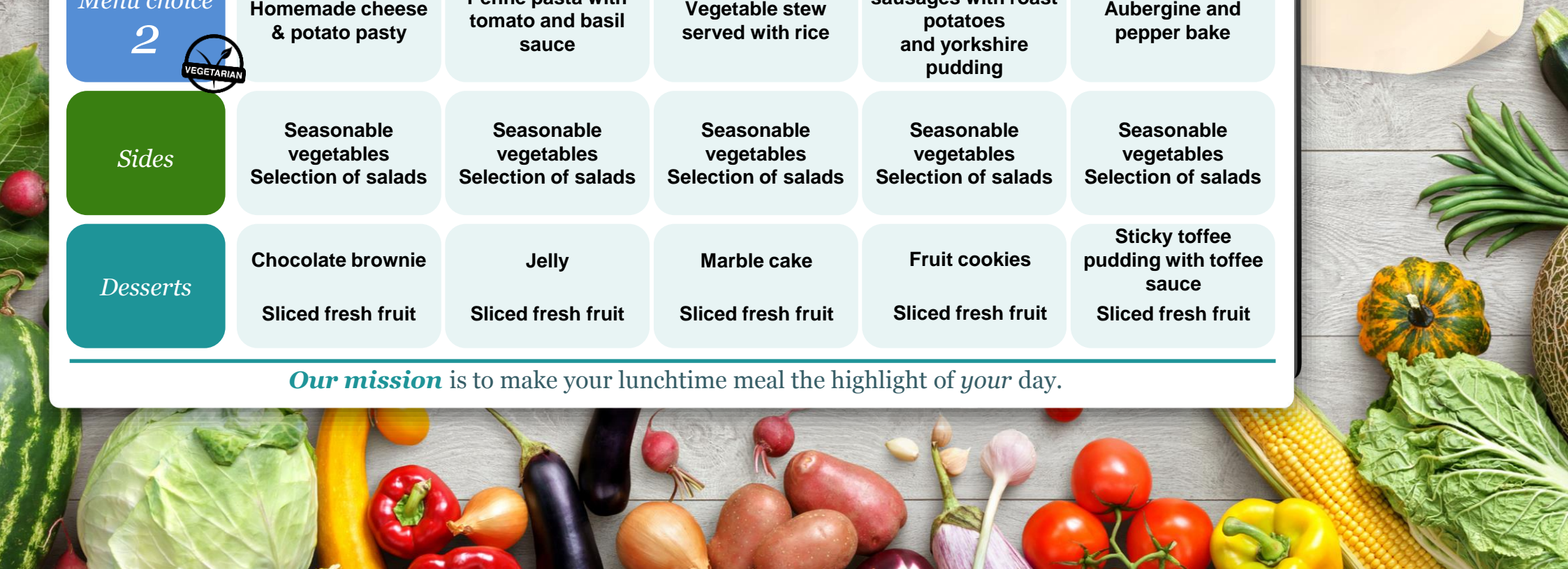
Marble cake  
  
Sliced fresh fruit

Fruit cookies  
  
Sliced fresh fruit

Sticky toffee  
pudding with toffee  
sauce  
Sliced fresh fruit

*Some of our food  
may contain  
allergens. Please  
ask our  
chef for advice.*

*Our mission* is to make your lunchtime meal the highlight of *your* day.





# LUNCHTIME CO.

## Week 2

Commencing • 5th Nov • 26th Nov

• 17th Dec • 14th Jan • 4th Feb • 4th March • 25th March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly  
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary  
wholemeal bread

Garlic & herbed  
ciabatta

*Menu choice  
1*

Cheese and tomato  
pizza

BBQ chicken with  
new potatoes

Shepherd's pie

Roast chicken, roast  
potatoes  
& yorkshire pudding

Battered fish &  
chips with tomato  
ketchup

*Menu choice  
2*

Cheese cauliflower  
& broccoli bake

Vegetable stir fry  
and rice

Chick pea & lentil  
ragu with rice

Vegetarian  
quesadillas

Vegetable wrap



*Sides*

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

*Desserts*

Apple crumble &  
custard

Flapjack

Shortbread biscuits

Mixed fruit  
cheesecake

Chocolate sponge  
cake with chocolate  
sauce

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

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# LUNCHTIME CO

## Week 3

Commencing • 12th Nov • 3rd Dec

• 31st Dec • 21st Jan • 11th Feb • 11th March • 1st April



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly  
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary  
wholemeal bread

Garlic & herbed  
ciabatta

*Menu choice  
1*

Macaroni cheese

Sticky chicken with  
rice & peas

Beef burger in a bun  
with lettuce &  
tomato

Roast turkey with  
roast potatoes and  
yorkshire pudding

Fish and chips

*Menu choice  
2*



Jacket potato with  
toppings, cheese,  
beans, tuna mayo,  
coleslaw

Moroccan spiced  
chickpea and  
vegetable ragout

Vegetable lasagne  
with garlic bread

Broccoli & tomato  
pasta bake with  
melted cheese

Vegetable flat  
bread pizza

*Sides*

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

Seasonable  
vegetables  
Selection of salads

*Desserts*

Apple sponge  
pudding with custard

Sliced fresh fruit

Chocolate cookies

Sliced fresh fruit

Jam sponge &  
custard

Sliced fresh fruit

Ice cream

Sliced fresh fruit

Bakewell tart

Sliced fresh fruit

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