# Let's Get Active

## Week 13

#### Letter Formation

We have now looked at all of our letter families. This week you can look at all of the videos, focussing on letters that you may find challenging. You will need a pencil and paper. Doing this daily will really help you with your letter formation!

#### The videos can be found at:

https://www.elystjohns.cambs.sch.uk/website/letter\_formation\_videos/482131

Or on the school website, click on 'Year Groups', 'Foundation Stage' and then click on 'Letter Formation Videos'.

### Do a fine motor or gross motor skills activity every day!

Choose from the ideas below or repeat a favourite from previous weeks.

Remember that you can do each of them more than once.

Can you flip some pancakes in a frying pan? You could help make some first- all that stirring and whisking. Or use playdough or paper pancakes in a pan! How many can you flip?	Play party games: Musical statues Musical bumps	Can you draw using both hands? Try outside with chalk or water and a paint brush on the floor or wall. Inside use a big piece of paper and a pen or crayon in each hand. Is it easy or quite tricky?
With a stick and a muddy patch in your garden or in the park. Can you make a hole? Fill it up with water and stir away! Can you write muddy messages on the path with your stick.	Do you have any cocktail sticks or kebab sticks? You could make a yummy fruit kebab. Get a grown up to help you cut up some fruit (do as much as your grown up will let you do safely!) and push it onto your stick. Then eat them! Yummy!	Cheerios on spaghetti Can you thread some Cheerios onto spaghetti?