Week 6: Mighty Muscles

**LO: To know why we need muscles to move**

1. Open the presentation and together with your child, answer the 4 questions.

2. Work through the presentation and with your child talk about what you are reading and seeing. Your child could be scribing notes/drawing into their ‘everything book’ facts/images that they may wish to use at a later date.

3. Once you have worked through the presentation. Complete the sheet. The sheets are differentiated. It would be great to hear that everyone is challenging themselves. Don’t worry if you make some mistakes, we all do!

\* -easy

\*\* -harder

\*\*\*- hardest

You can either print the sheet and stick it into your ‘everything book’, or if you don’t have a printer, write/draw the sheet in your ‘everything book’. If you would like to make additional notes into your book from the presentation, that would be ok.

Have fun!

Challenge: Identify and research the names of pairs of muscles other than the bicep and tricep.