

LUNCHTIME CO[®]

Commencing: 31st Oct, 21st Nov, 12th Dec, 9th Jan, 30th Jan, 27th Feb, 20th March
Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Vegetable Meatballs in a Tomato Ragu served with Pasta, Herby Bread & Fresh Salad

(G) (W) (SO)

Butcher's Sausages served with Mashed Potatoes and Baked Beans

(G) (W) (SU) (SO)

Pizza Street
Dairy Free Pizza served with Potato Wedges and Fresh Salad

(G) (W)

Roast Chicken with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy

(G) (W)

Fish Fingers served with Chips, Garden Peas and Baked Beans

(G) (W) (F)

Jackets

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Desserts

Choose One of Our Fabulous Deserts
Chocolate Crunch
Fresh Fruit

(G) (W) (E)

Choose One of Our Fabulous Deserts
Apple Crumble
Fresh Fruit

(G) (W)

Choose One of Our Fabulous Deserts
Mixed Berry Sponge
Fresh Fruit

(G) (W) (E)

Choose One of Our Fabulous Deserts
Shortbread Biscuit
Fresh Fruit

(G) (W)

Choose One of Our Fabulous Deserts
Lemon Drizzle Cake
Fresh Fruit

(G) (W) (E)

Available every day:

A selection of **fresh** vegetables and **tasty** salad

Fresh fruit platter



DAIRY FREE



DAIRY FREE

If you have any special dietary requirements please speak to our kitchen manager who will be happy to help

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Meat Free Meat Ball
Sub Roll served with
Potato Wedges and
Fresh Salad

(G) (W) (SO) (SE)

Beef Pasta Bolognaise
served with Peas and
Sweetcorn

(G) (W)

Street Feast
Chic 'n' Mix Paprika
Chicken served with
Seasoned Potatoes and
Rainbow Slaw
(E)

Sausages
with Mashed Potatoes
Broccoli, Carrots
and Gravy

(G) (W) (SO) (SU)

Fish Fingers served
with Chips, Garden
Peas and Baked Beans
and Tomato Ketchup

(G) (W) (F)

Jackets

Jacket Potato with
Dairy Free Cheese &
Beans served with
Fresh Salad

Jacket Potato with
Dairy Free Cheese &
Beans served with
Fresh Salad

Jacket Potato with
Dairy Free Cheese &
Beans served with
Fresh Salad

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Dairy Free Cheese &
Beans served with
Fresh Salad

Jacket Potato with
Dairy Free Cheese &
Beans served with
Fresh Salad

Desserts

Choose One of Our
Fabulous Deserts
Chocolate Shortbread
Fresh Fruit

(G) (W)

Choose One of Our
Fabulous Deserts
Pineapple Muffin
Fresh Fruit

(G) (W) (E)

Choose One of Our
Fabulous Deserts
Cappuccino Cake
Fresh Fruit

(G) (W) (E)

Choose One of Our
Fabulous Deserts
Cherry Cookie
Fresh Fruit

(G) (W)

Choose One of Our
Fabulous Deserts
Iced Sponge
Fresh Fruit

(G) (W) (E)

Available every day:

A selection of **fresh** vegetables and **tasty** salad

Fresh fruit platter



DAIRY FREE



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Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

French Bread Dairy Free Pizza served with Potato Wedges and Fresh Salad

(G) (W) (SE)

Curry Spiced Chicken served with Fluffy White Rice & Pitta Bread Finger

(G) (W)

Hot Dog in a Roll served with Potato Wedges, Mixed Vegetables

(G) (W) (SE) (SU)

Roast Gammon with Roast Potatoes, Carrots, Broccoli and Gravy

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup

(G) (W) (F)

Jackets

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad

Desserts

Choose One of Our Fabulous Deserts Oat & Sultana Biscuit Fresh Fruit

(G) (W) (B)

Choose One of Our Fabulous Deserts Chocolate Brownie Fresh Fruit

(G) (W) (E)

Choose One of Our Fabulous Deserts Dutch Apple Sponge Fresh Fruit

(G) (W) (E)

Choose One of Our Fabulous Deserts Fruity Flapjack Fresh Fruit

(G) (W) (B)

Choose One of Our Fabulous Deserts Fruit Jelly Pot Fresh Fruit

Available every day:

A selection of **fresh** vegetables and **tasty** salad

Fresh fruit platter



DAIRY FREE



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