

Let's Get Active

Week 8

Letter Formation

We have now looked at all of our letter families. This week you can look at all of the videos, focussing on letters that you may find challenging. You will need a pencil and paper. Doing this daily will really help you with your letter formation!

The videos can be found at:

https://www.elystjohns.cambs.sch.uk/website/letter_formation_videos/482131

Or on the school website, click on 'Year Groups', 'Foundation Stage' and then click on 'Letter Formation Videos'.

Do a fine motor or gross motor skills activity every day!

Choose from the ideas below or repeat a favourite from previous weeks. Remember that you can do each of them more than once.

Help a grown-up hang out the washing using pegs.	Play a ball game with somebody else in your house.	Have a go at cutting up your dinner all by yourself.
Make up your own dance routine to music.	Make a pasta bracelet or necklace using penne pasta. Thread the pasta onto a piece of string. You could even paint the pasta first!	How long can you keep a piece of paper or magazine balanced on your head? Try walking around, keeping it balanced.