

This activity is designed to help you think about moving on to your new school in September whilst thinking about staying where you are at the moment. Moving on to secondary school can feel both exciting and scary. Staying in Year 6 can feel hard too when you are missing your friends and not sure what tomorrow brings.

You may want to discuss this activity with an adult to help you to talk about anything you are excited about or anything that is bothering you.

When you move to your new school, you will no doubt take with you some new equipment, maybe a water bottle, a snack maybe some lunch.... Each day might be different and you will need a timetable and planner to make sure you know what to take to school and what to leave at home. Your new school will tell you how they want you to do this.



What do you pack in your bag to come to Ely St John's? Well, at the moment you may be at home and don't need your bag or you may be in school but not able to carry a bag to school.

So what's in your metaphorical (pretend) bag?

- A selection of smiles – welcoming, encouraging, friendly, thoughtful;
- a pack of bravery for asking questions and saying “I’m not sure..”
- some resilience to keep having another go
- a supply of optimism to see you through until bedtime
- a few doubts – they might be tucked away at the bottom – dig them out and share them with an adult!
- lots of excitement

What else could you include?

Use the pdf of a “Moving on rucksack” or design your own. Draw the sort of things you might have in your bag. You should have both actual things ( calculator, water bottle, trainers...) and metaphorical things (a welcoming smile, lots of questions, a positive attitude, - these are hard to draw so you might add them as sticky notes or thought bubbles).