

LUNCHTIME CO.

Week 1

Commencing • 28th Oct • 18th Nov

• 9th Dec • 13th Jan • 3rd Feb • 2nd March • 23rd March



MEAT FREE

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

*Menu choice
1*

Vegetable burger
with wedges

Creamy Salmon &
vegetable pie

Beef lasagne

Roast pork with
roast potatoes
& gravy

Fish fingers & chips
with tomato ketchup

*Menu choice
2*

Vegetable taco
with wedges

Pasta with Tomato &
garlic sauce

Vegetable tikka
with rice

Vegetarian
sausages with roast
potatoes
& gravy

Fishless fish fingers
& chips with tomato
ketchup

*Menu choice
3*

Pasta with roasted
pepper sauce

Jacket potato with
tuna mayo & cheese

Penne pasta with
tomato and basil
sauce

Jacket potato with
cheese and beans

Pasta with tomato
and garlic sauce

Desserts

Chocolate brownie

Shortbread biscuit

Cappuccino cake

Fruit cookies

Sticky toffee
pudding with custard

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

***Our mission** is to make your lunchtime meal the highlight of *your* day.*

Available
every day:

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CQ

Week 2

Commencing • 4th Nov • 25th Nov

• 16th Dec • 20th Jan • 10th Feb • 9th March • 30th March



MEAT FREE

Monday

Tuesday

Wednesday

Thursday

Friday

Freshly baked bread

Garlic bread

Wholemeal bread

Focaccia

Rosemary wholemeal bread

Garlic & herbed ciabatta

Menu choice
1

Cheese and tomato pizza

BBQ chicken with new potatoes

Cottage pie

Roast chicken, roast potatoes, Yorkshire pudding & gravy

Battered fish & chips with garden peas & tomato ketchup

Menu choice
2

Cheese cauliflower & broccoli bake

Vegetable stir fry and rice

Quorn ragu & pasta

Vegetarian filo slice

Quorn sausage & chips with garden peas & ketchup

Menu choice
3

Pasta with mixed vegetable & tomato sauce

Jacket potato with tuna mayo & cheese

Pasta with arrabbiata sauce

Jacket potato with cheese and beans

Spaghetti with hidden vegetable sauce

Desserts

Apple crumble & custard

Sliced fresh fruit

Cheese cake with chocolate drizzle

Sliced fresh fruit

Jelly

Sliced fresh fruit

Strawberry mousse

Sliced fresh fruit

Chocolate sponge with chocolate custard

Sliced fresh fruit

Available every day:

- Seasonal vegetables
- Selection of fresh salad

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***Our mission** is to make your lunchtime meal the highlight of *your* day.*

LUNCHTIME CO.

Week 3

Commencing • 11th Nov • 2nd Dec

• 6th Jan • 27th Jan • 24th Feb • 16th March



MEAT FREE

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

*Menu choice
1*

Macaroni cheese

Sausage & mash

Beef burger with
potato wedges

Roast turkey with
roast potatoes &
gravy

Fish and chips with
garden peas &
tomato ketchup

*Menu choice
2*

Jacket potato with
toppings, cheese,
beans

Quorn sausage &
mash

Vegetable lasagne
with garlic bread

Broccoli & tomato
pasta bake with
melted cheese

Vegetable pitta
bread pizza & chips



*Menu choice
3*

Pasta with vegetable
ragout sauce

Jacket potato with
tuna mayo & cheese

Pasta with cheese
sauce

Jacket potato with
cheese and beans

Broccoli & tomato
pasta bake with
melted cheese

Desserts

Apple sponge
pudding with custard

Sliced fresh fruit

Chocolate cookies

Sliced fresh fruit

Jam sponge &
custard

Sliced fresh fruit

Ice cream

Sliced fresh fruit

Bakewell tart

Sliced fresh fruit

Available
every day:

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.