


<p style="text-align: center;"><b>Design Technology</b></p> <p>Design and make your own seaside puppet theatre.</p> <p>This activity links to our history topic, looking at how the seaside has changed over time. Puppet shows used to be very popular entertainment at the seaside!</p> <p>Use the instruction sheet saved on the website and have a go at creating your own puppet theatre.</p> <p>You could even put on a show for you family once it is completed!</p>	<p style="text-align: center;"><b>Art</b></p> <p>Paint your own beach hut pictures. This term we would have been taking a trip to Well-Next-To-Sea. One of the many lovely features of this beach are the colourful beach huts that you can see for miles. We would be using the beach huts for inspiration and painting our own pictures using repeating patterns to decorate our beach huts.</p> <p>Use this picture or research some pictures for inspiration, or maybe you are lucky enough to take a trip to Wells!</p> <p>Once you have found a picture for inspiration create and paint your own beach hut painting or if you don't have paint, use coloured pencils. Your picture should have more than one beach hut and it should include the background too. Try to include repeating patterns such as stripes, spots or zigzags on your beach hut designs.</p> 	<p style="text-align: center;"><b>P.E.</b></p> <p>In science we are learning about why humans need to stay healthy. P.E. is something we can all do to keep our bodies and minds healthy. Exercise is very important to live a healthy life style. It can affect our bodies in different ways such as raising our heart rate, making us feel out of breath or feeling hotter. These are all normal reactions to exercise and mean that our body is working hard and getting fitter.</p> <p>Complete an experiment to test how our body changes when we exercise. Count your heart beat (pulse) before exercise and then after exercise. How does it is change?</p> <p>Try different exercises. Which exercise gets your heart beating the fastest? Why do you think this is?</p> <p>You could try...</p> <ul style="list-style-type: none"> <li>• Star jumps for 30 seconds</li> <li>• Jogging around your garden or a field</li> <li>• Yoga</li> <li>• Completing a dance routine</li> <li>• Playing football</li> <li>• Skipping for one minute</li> </ul>
<p style="text-align: center;"><b>I.C.T.</b></p> <p>Log onto Purple Mash to explore more about our topic of the Seaside.</p> <p>Go to the search bar and type 'seaside' &gt; click onto the icon called 'Old and New' &gt; click on the icon called 'seaside' &gt; explore the range of activities.</p>	<p style="text-align: center;"><b>History</b></p> <p>Learn about how the seaside has changed over time. We are thinking about the seaside in the past and the present.</p> <p>Click on the link on the website to watch the BBC programme 'Magic Grandad'. This show explores how people used the pier in Victorian times (over 100 years ago). When you have watched create a poster that shows what the seaside used to be like (past) and what it is like now (present).</p> <p>Think about the following questions...</p> <ul style="list-style-type: none"> <li>- What did people wear to the seaside in the past?</li> <li>- What did people do for fun at the seaside in the past?</li> <li>- What did people eat at the seaside in the past?</li> </ul> <p>You might want to do some more research by yourselves for your poster.</p>	<p style="text-align: center;"><b>Geography</b></p> <p>Explore the different features of a seaside - both human and manmade.</p> <p>Use the geography resources saved onto the website to help you complete this activity. There are two different activities to have a go at.</p>

Music	R.E.	Science
<p>Learn to sing the famous seaside song...</p> <p>'I do like to be beside the seaside.'</p> <p>Click on the link to the song on the website to learn it.</p> <p>If you have any musical instruments at home, can you add them to your song? Or perhaps you can make your own instruments using recycled materials; a shaker using a water bottle and dried rice or a drum using a cardboard box or containers.</p>	<p>Continue to learn about Sikhism by reading the Sikh story of 'The Milk and The Jasmine Flower'</p> <p>This story teaches us about greed and the importance of selflessness, tolerance and treating people equally. These ideas are very important in the Sikh religion.</p> <p>Once you have read the story (or watched it, using the link on the website) complete the activity on the worksheet by thinking about how you can treat people equally at school, at home and when you meet someone new.</p>	<p>Watch the video about the organs in our body.</p> <p>What do you think is the hearts job in the body?</p> <p>Jot it down in your home school book. When you did your P.E session, what did you notice about how your body changed after exercise?</p> <p>Now watch the video about the hearts job in the body.</p> <p>What do you think is the best way to keep your heart healthy? Write your thoughts down in your home school book.</p> <p>As an extra challenge you could have a go at 'A Healthy Heart' worksheet.</p>