## Week 1

Commencing • 20th April • 11th May • 8th June

- 29th June • 20th July • 14th Sep • 28th Sep • 19th Oct

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| :---: | :---: | :---: | :---: | :---: | :---: |
|  MEAT <br> FREE Monday <br> Tuesday <br> Wednesday <br> Thursday <br> Friday |  |  |  |  |  |
| Freshly baked bread | Poppy seed bloomer | Wholemeal | Garlic bread | Rosemary wholemeal | Focaccia |
| Menu choice 1 | Macaroni cheese | Chicken, vegetable \& cheese wrap | Meatballs in tomato \& basil sauce with pasta | Roast pork and apple sauce with roasted potatoes \& stuffing | Cod or salmon fish fingers served with chips \& garden peas or beans |
| Menu choice $2$ | Vegetable paella | Cheese \& tomato slice | Potato and roasted vegetable bake | Quorn sausage with roasted potatoes \& stuffing | Fishless fingers served with chips \& garden peas or beans |
| Menu choice 3 | Penne pasta with roasted pepper sauce | Jacket potato with tuna mayo \& cheese | Pasta with cheese sauce | Jacket potato with cheese and beans | Pasta with tomato and herb sauce |
| Desserts | Chocolate brownie <br> Sliced fresh fruit | Mixed berry muffin Sliced fresh fruit | Pancake \& sauce <br> Sliced fresh fruit | Carrot cake Sliced fresh fruit | Apple sponge pudding with custard <br> Sliced fresh fruit |

Our mission is to make your lunchtime meal the highlight of your day.

## Week 2

Commencing • 27th April • 18th May • 15th June
-6th July • 31st Aug • 21st Sep • 5th Oct

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| Freshly baked bread | Poppy seed bloomer | Wholemeal | Garlic bread | Rosemary wholemeal | Focaccia |
| Menu choice | Cheese \& tomato pizza | Sticky chicken with rice | Beef bolognese served with pasta | Roasted beef with roasted potatoes \& Yorkshire pudding | Battered fish \& chips with garden peas or beans |
| Menu choice $2(\nabla$ | Vegetable korma \& rice | Veggie crunchy Taco with cheese | Broccoli \& cauliflower bake with new potatoes | Quorn fillet with roasted potatoes \& stuffing | Cheese and onion pasty with chips \& garden peas or beans |
| Menu choice $3$ | Pasta with mixed vegetable \& tomato sauce | Jacket potato with tuna mayo \& cheese | Pasta with arrabbiata sauce | Jacket potato with cheese and beans | Spaghetti with hidden vegetable sauce |
| Desserts | Chocolate sponge \& sauce <br> Sliced fresh fruit | Shortbread cookie <br> Sliced fresh fruit | Lemon drizzle cake <br> Sliced fresh fruit | Banana cake <br> Sliced fresh fruit | Ice cream \& mixed berry sauce <br> Sliced fresh fruit |

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## Week 3

Commencing • 4th May • 1st June • 22nd June

- 13th July • 7th Sep • 28th Sep • 12th Oct

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| Freshly baked bread | Wholemeal | Garlic bread | Poppy seed bloomer | Rosemary wholemeal | Focaccia |
| Menu choice 1 | Veggie nuggets and salad wrap | Beef lasagne with garlic bread | Beef burger with salad on a wholemeal bun | Roasted chicken with roasted potatoes \& stuffing | Breaded haddock with chips \& garden peas or beans |
| Menu choice | Vegetable chilli and rice | Vegetable lasagne with garlic bread | Roasted vegetable stir fry with rice | Quorn sausage with roasted potatoes \& stuffing | Mediterranean veggie pitta |
| Menu choice 3 | Pasta with cheese sauce | Jacket potato with tuna mayo \& cheese | Pasta with vegetable ragout sauce | Jacket potato with cheese and beans | Pasta with tomato and garlic sauce |
| Desserts | Chocolate cookies <br> Sliced fresh fruit | Fruity flapjack <br> Sliced fresh fruit | Cheesecake with fruit compote <br> Sliced fresh fruit | Berry mousse <br> Sliced fresh fruit | Fruit jelly <br> Sliced fresh fruit |

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