LUNCHTIME CO

Week 1

Commencing • 20th April • 11th May • 8th June • 29th June • 20th July • 14th Sep • 28th Sep • 19th Oct



MEAT FREE C	™ Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Poppy seed bloomer	Wholemeal	Garlic bread	Rosemary wholemeal	Focaccia
Menu choice 1	Macaroni cheese	Chicken, vegetable & cheese wrap	Meatballs in tomato & basil sauce with pasta	Roast pork and apple sauce with roasted potatoes & stuffing	Cod or salmon fish fingers served with chips & garden peas or beans
Menu choice 2	Vegetable paella	Cheese & tomato slice	Potato and roasted vegetable bake	Quorn sausage with roasted potatoes & stuffing	Fishless fingers served with chips & garden peas or beans
Menu choice $oldsymbol{3}$	Penne pasta with roasted pepper sauce	Jacket potato with tuna mayo & cheese	Pasta with cheese sauce	Jacket potato with cheese and beans	Pasta with tomato and herb sauce
Desserts	Chocolate brownie Sliced fresh fruit	Mixed berry muffin Sliced fresh fruit	Pancake & sauce Sliced fresh fruit	Carrot cake Sliced fresh fruit	Apple sponge pudding with custard Sliced fresh fruit

Available every day:

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO

Week 2

Commencing • 27th April • 18th May • 15th June • 6th July • 31st Aug • 21st Sep • 5th Oct



W W W W W W W MEAT	Monday	шшшшшш Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Poppy seed bloomer	Wholemeal	Garlic bread	Rosemary wholemeal	Focaccia
Menu choice 1	Cheese & tomato pizza	Sticky chicken with rice	Beef bolognese served with pasta	Roasted beef with roasted potatoes & Yorkshire pudding	Battered fish & chips with garden peas or beans
Menu choice 2	Vegetable korma & rice	Veggie crunchy Taco with cheese	Broccoli & cauliflower bake with new potatoes	Quorn fillet with roasted potatoes & stuffing	Cheese and onion pasty with chips & garden peas or beans
Menu choice $oldsymbol{3}$	Pasta with mixed vegetable & tomato sauce	Jacket potato with tuna mayo & cheese	Pasta with arrabbiata sauce	Jacket potato with cheese and beans	Spaghetti with hidden vegetable sauce
Desserts	Chocolate sponge & sauce	Shortbread cookie	Lemon drizzle cake	Banana cake	Ice cream & mixed berry sauce
	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit

Available every day:

- Seasonal vegetables
- Selection of fresh salad

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Our mission is to make your lunchtime meal the highlight of *your* day.

LUNCHTIME CO

Week 3

Commencing • 4th May • 1st June • 22nd June • 13th July • 7th Sep • 28th Sep • 12th Oct



W W W W W MEAT FREE	Monday	шшшшшш Tuesday	Wednesday	Thursday	W W W W W W Friday
Freshly baked bread	Wholemeal	Garlic bread	Poppy seed bloomer	Rosemary wholemeal	Focaccia
Menu choice 1	Veggie nuggets and salad wrap	Beef lasagne with garlic bread	Beef burger with salad on a wholemeal bun	Roasted chicken with roasted potatoes & stuffing	Breaded haddock with chips & garden peas or beans
Menu choice 2	Vegetable chilli and rice	Vegetable lasagne with garlic bread	Roasted vegetable stir fry with rice	Quorn sausage with roasted potatoes & stuffing	Mediterranean veggie pitta
Menu choice $oldsymbol{3}$	Pasta with cheese sauce	Jacket potato with tuna mayo & cheese	Pasta with vegetable ragout sauce	Jacket potato with cheese and beans	Pasta with tomato and garlic sauce
Desserts	Chocolate cookies	Fruity flapjack	Cheesecake with fruit compote	Berry mousse	Fruit jelly
	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit

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Available every day:

- Seasonal vegetables
- Selection of fresh salad

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