LUNCHTIME CO

Week 1

Commencing • 22nd April • 13th May • 10th June • 1st Jul • 22nd July • 2nd Sep • 23rd Sep • 14th Oct



W W W W W W W W W W W W W W W W W W W						
FREE Monday		Tuesday	Wednesday	Thursday	Friday	
Freshly baked bread	Garlic Bread	Wholemeal	Ciabatta	Poppy seed Wholemeal	Focaccia	
Menu choice 1	Quorn dog in a roll with potato wedges	Sticky chicken and vegetable wrap	Beef lasagne with salad	Roast turkey with roast potatoes	Fish fingers & chips with garden peas	
Menu choice 2	Vegetable chilli Taco with potato wedges	Quorn balls in tomato & basil sauce with pasta	Roasted vegetable tart	Vegetable burger	Fishless fish fingers & chips with garden peas	
Menu choice $oldsymbol{3}$	Jacket potato with cheese & beans	Pasta with tomato and basil sauce	Jacket potato with quorn chilli and grated cheese	Pasta with cheese sauce	Jacket potato with tuna mayo & cheese	
Desserts	Pancake & sauce	Fruit flapjack	Fruit jelly	Oat and fruit slice	Cappuccino cake	
	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	
Our mission is to make your lunchtime meal the highlight of your day.						

Available every day:

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO

Week 2

Commencing • 29th April • 20th May • 17th June · 8th Jul · 22nd July · 9th Sep · 30th Sep



W W W W W MEAT FREE C	wwwwwww Monday	wwwwwww Tuesday	шшшшшш Wednesday	шшшшшш Thursday	wwwwwww	
Freshly baked bread	Garlic bread	Wholemeal bread	Ciabatta	Poppy seed wholemeal	Herb focaccia	
Menu choice 1	Macaroni cheese	Chicken in a bun with new potatoes	Turkey meatballs in tomato & garlic sauce with pasta	Roast pork & apple sauce with roast potatoes	Battered fish & chips with garden peas	
Menu choice 2	Cheese and tomato quiche with salad & coleslaw	Bean and vegetable in tomato and herb sauce bake	Mild veggie tikka curry with rice	Quorn sausage with roast potatoes	Roasted pepper & cheese pitta pizza & chips with garden peas	
Menu choice 3	Jacket potato with quorn chilli and grated cheese	Pasta with tomato and roasted pepper sauce	Jacket potato with tuna mayo & cheese	Pasta with arrabbiata sauce	Jacket potato with cheese & beans	
Desserts	Lemon drizzle cake	Ice cream	Apple pie & custard	Chocolate mousse	Carrot cake	
	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	
Our mission is to make your lunchtime meal the highlight of your day.						

every day: Seasonal vegetables

Available

 Selection of fresh salad

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LUNCHTIME CO

Week 3

Commencing • 6th May • 3rd June • 24th June • 15th Jul • 16th Sep • 7th Oct



WWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWW		шшшшшш Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Ciabatta	Poppy seed wholemeal	Focaccia
Menu choice 1	Cheese and tomato pizza	Sausage & mash	Salmon pasta bake	Roast chicken with roast potatoes and Yorkshire pudding	Fish & chips with garden peas
Menu choice 2	Squash, spinach & chickpea filo slice	Vegetable & chickpea bolognaise	Cauliflower & broccoli potato cake with tomato salsa	Quorn fillet with roast potatoes	Vegetable pitta bread pizza with chips
Menu choice 3	Jacket potato with tuna mayo & cheese	Pasta with cheese sauce	Jacket potato with cheese & beans	Pasta with vegetable ragout sauce	Jacket potato with quorn chilli and grated cheese
Desserts	Chocolate Brownie	Strawberry mousse	Fudge tart	Berry cheese cake	Orange & Iemon muffin
	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit

Our mission is to make your lunchtime meal the highlight of *your* day.

Available every day:

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice,