



[Here](#) is a link to show you how to develop a series of games with socks to help with agility and game-playing skills. Make up your own age appropriate series of skill-developing games using a pair of socks. You could make a short film to explain to others or draw a set of diagrams. Make sure you have a development form one part of the practice to the next.

The link is also here:

https://www.youtube.com/watch?v=TUA9CqMxl8k&list=PLYGRaluWWTojV3An2WEgsQ4qGFy_91jDL&index=16&t=0s