

The Olympics

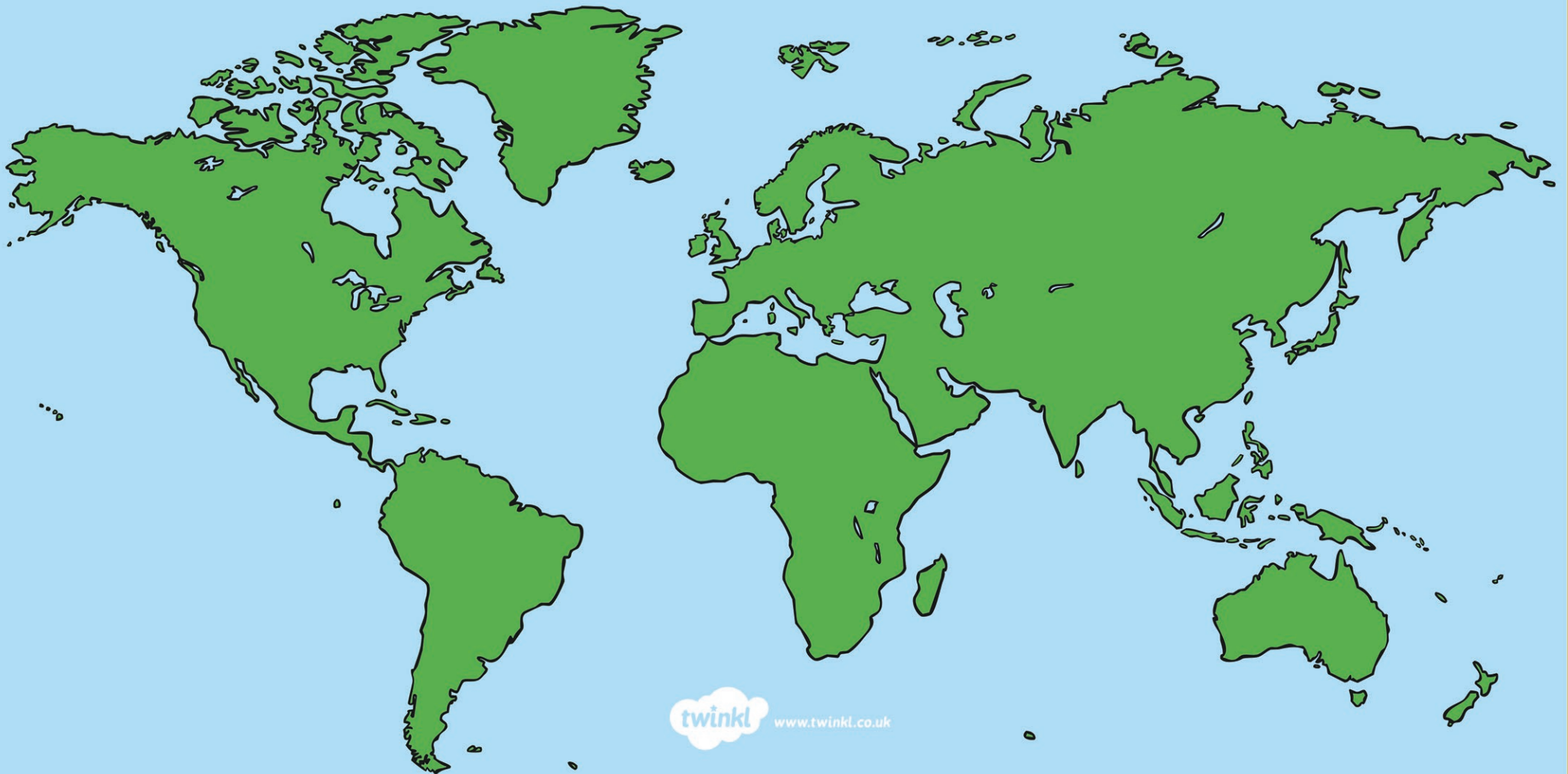
Past and Present



The first recorded Olympic games was held in Olympia, Greece in 776 BC.



The Games were held every four years, as it is today. However, back then it was only held in Olympia, whereas now it is held in a different country around the world each time.



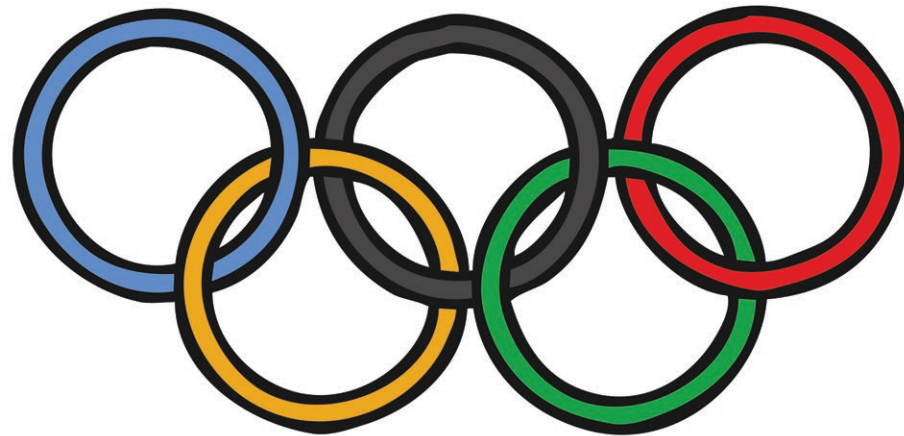
Today, as well as the Summer Olympics, the Winter Olympics are held two years after the Summer Games.



To symbolise the Ancient Olympics, the torch is carried around the country of the Games.



The Olympic Flag was designed by Pierre de Coubertin in 1914.
Coubertin was the founder of the Modern Olympic Games
The colours of the rings are said to represent
the five different continents in the World.



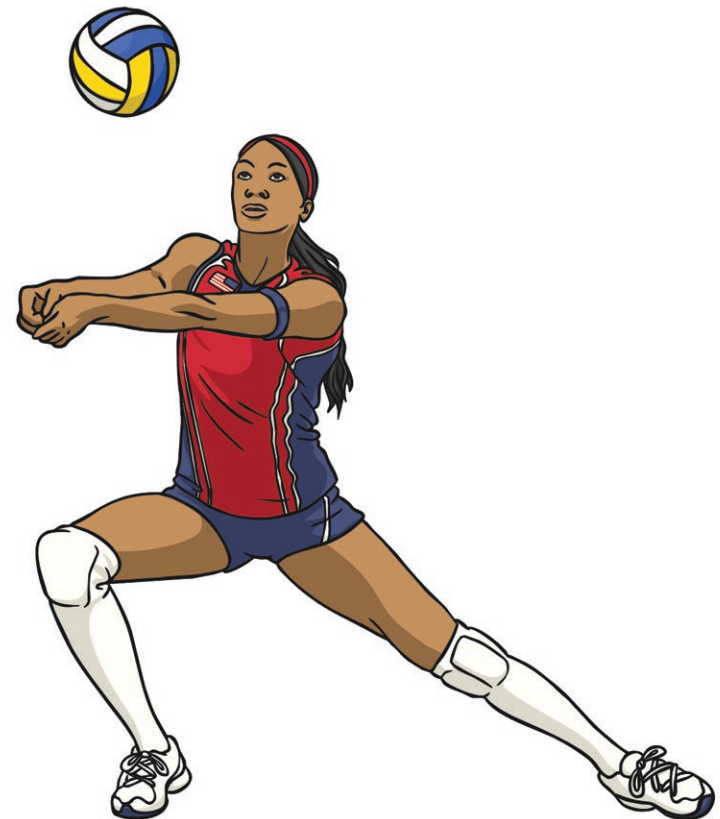
Ancient Olympics

In the Ancient Greek Olympics there were only ten sports.



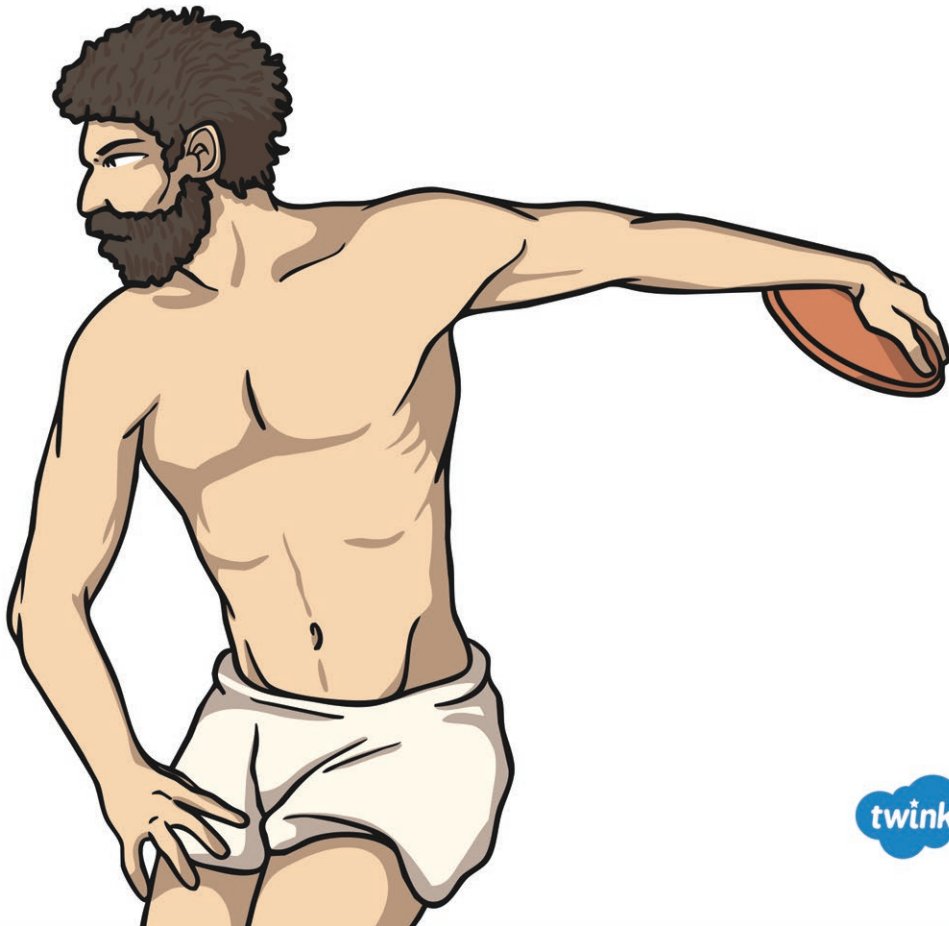
Modern Olympics

In the Modern Olympics there are more than twenty different sports.



Ancient Olympics

The pentathlon consisted of running, wrestling, long jump, discus and javelin.



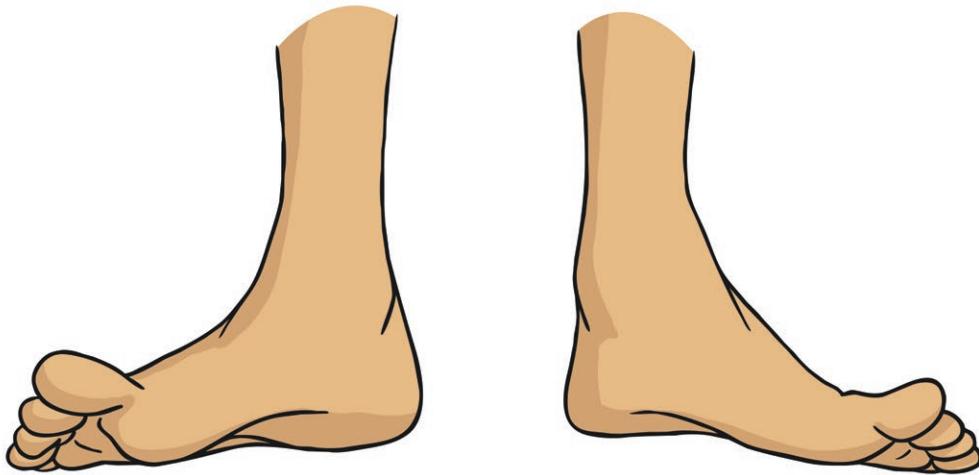
Modern Olympics

The modern pentathlon is made up of pistol shooting, fencing, swimming, show jumping and a cross-country run.



Ancient Olympics

Athletes ran bare foot and wore no clothes.



Modern Olympics

Track runners today wear special shoes that have spikes to help them grip.



Ancient Olympics

Women were not allowed to watch or compete in the Games.



Modern Olympics

Women and men both take part, but they do not compete against each other.

