

Let's Get Active

Week 9

Letter Formation

We have now looked at all of our letter families. This week you can look at all of the videos, focussing on letters that you may find challenging. You will need a pencil and paper. Doing this daily will really help you with your letter formation!

The videos can be found at:

https://www.elystjohns.cambs.sch.uk/website/letter_formation_videos/482131

Or on the school website, click on 'Year Groups', 'Foundation Stage' and then click on 'Letter Formation Videos'.

Do a fine motor or gross motor skills activity every day!

Choose from the ideas below or repeat a favourite from previous weeks. Remember that you can do each of them more than once.

When you go on a family walk can you find some sticks? When you get home you could make a wand by wrapping string, wool or material around it.	Write your name and any other words with water and a paint brush outside on a wall or the floor.	Play a game of noughts and crosses with someone in your home.
How many pairs of socks can you put on your feet by yourself – you may need to use grown up size socks too! Take them off and see if you can pair them up.	Sing an action song: Head, Shoulders, Knees and toes. Make sure you do all the actions!	Can you dribble a ball around some cones? You can use any size ball, the cones can be water bottles or tin cans or anything else you can find.