

## The milk and the jasmine flower

Once upon a time the holy man Guru Nanak who believed that everyone was equal whether they are rich or poor, simple or brilliant. He was travelling in India under the hot sun with his companion Mardana when they came close to a city.

The holy men in the city heard about him coming and were afraid. They knew that he was good man and they had promised to try to be good like him but they had been greedy and unkind and so afraid to let him into the city.

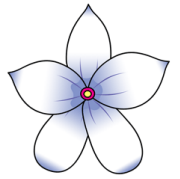
They decided to send a messenger with a bowl full of milk to say that there was no room for anyone else in the city: as the bowl was full, so was the city, and they were sorry that they could not receive him.

Guru Nanak thanked the messenger and very gently picked a flower from a nearby bush and floated it on the top of the milk saying that there would always be room in the world for more goodness. The flower floated on top of the milk and not a drop was spilt: there was room for it!

The messenger returned to the city and told the holy men what had happened - they were filled with remorse and sent the messenger back to welcome them to the city. The holy people apologised and gave the men a warm welcome.

## Sikhism – The Milk and Jasmine Flower

**L1: I can explain ways to treat people equally everyday**



**At school...** \_\_\_\_\_

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**At home ...** \_\_\_\_\_

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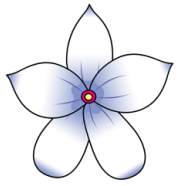
**When I meet someone new ...**

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## Sikhism – The Milk and Jasmine Flower

**L1: I can explain ways to treat people equally everyday**



**At school...**

**At home ...**

**When I meet someone new ...**

**Support – sort the ideas into groups and stick or write onto sheet.**

**Not grab resources from people**

**Help with chores around the house**

**Offer to tidy up**

**Listen to everyone equally**

**Offer to share resources**

**Allow everyone to have their turn**

**Treat everyone with respect**

**Make people feel welcome**

**Treat people as you wish to be treated**

**Ask parents how their day has been**