

#### Commencing: 18th Apr, 9th May, 6th Jun, 27th Jun, 18th Jul, 12th Sep, 3rd Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Crispy Crumb Vegetable Burger in a Bun with Baked wedges & Garden Peas	Five Bean Chilli Taco, Served with Mexican Rice	Vegan Macaroni Cheese Served Fresh Salad	Vegan Quorn Fillet Roast Potatoes, Seasonal Vegetables and Gravy	Vegan Cumberland Sausage served with Chips, Garden Peas and Baked Beans
	(G) (W) (SE)	(G) (W)	(G) (W)	(G) (W)	(G) (W) (B)
Pasta and Jackets	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad  (G) (W)	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad  (G) (W)	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit	Choose One of Our Fabulous Deserts Chocolate Cookie Fresh Fruit	Choose One of Our Fabulous Deserts Fruit Crunch Fresh Fruit	Choose One of Our Fabulous Deserts Cherry Flapjack Fresh Fruit	Choose One of Our Fabulous Deserts Fruit Jelly Fresh Fruit
	(G) (W)	(G) (W)	(G) (W)	(G) (W)	



# Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter





### Commencing: 25th Apr, 16th May, 13th Jun, 4th Jul, 29th Aug, 19th Sep, 10th Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese & Tomato Pizza bap served with Potato Wedges and Fresh Salad	Vegan Sausage Sausages served with Mashed Potatoes and Baked Beans	Mediterranean Vegetable and Tomato Pasta with Mixed Vegetables	Vegan Quorn Fillet Roast Potatoes, Seasonal Vegetables and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W)	(G) (W) (B)	(G) (W)	(G) (W)	(G) (W)
Pasta and Jackets	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad  (G) (W)	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad
				(G) (W)	
Desserts	Choose One of Our Fabulous Deserts Rice Krispie Cake Fresh Fruit	Choose One of Our Fabulous Deserts Cherry Flapjack Fresh Fruit	Choose One of Our Fabulous Deserts Fruit Crunch Fresh Fruit	Choose One of Our Fabulous Deserts Fruit Jelly Fresh Fruit	Choose One of Our Fabulous Deserts Short Bread Finger Fresh Fruit
	(G) (W) (B)	(G) (W) (B)	(G) (W)		(G) (W)



# Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter





#### Commencing: 2nd May, 23rd May, 20th Jun, 11th Jul, 5th Sep, 26th Sep, 17th Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetable Meatballs in a Tomato Ragu served with Spaghetti& Broccoli	Roasted Vegetable pie served with Mashed Potato, Carrots and Cabbage	Vegan Hot Dog in a Roll served with Potato Wedges, Mixed Vegetables	Vegan Quorn Fillet Roast Potatoes, Seasonal Vegetables and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (SO)	(G) (W)	(G) (W) (SE) (B)	(G) (W)	(G) (W)
Pasta and Jackets	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad  (G) (W)	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad  (G) (W)	Jacket Potato with Dairy Free Cheese & Beans served with Fresh Salad
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit	Choose One of Our Fabulous Deserts Chocolate cookie Fresh Fruit	Choose One of Our Fabulous Deserts Carrot Cake Fresh Fruit	Choose One of Our Fabulous Deserts Oat & Raisin Cookie Fresh Fruit	Choose One of Our Fabulous Deserts Fruit Jelly Pot Fresh Fruit
	(G) (W)	(G) (W)	(G) (W) (E)	(G) (W) (B)	



# Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter

